



# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Music Therapy 10:00 Sit and Be Fit 11:00 Board / Card Games 1:30 Arts and Crafts 4:00 Armchair Travel 6:30 Evening Movie Time	2 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 3:00 Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	3 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 3:00 Corn Hole 4:00 Armchair Travel 6:30 Evening Movie Time	4 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 10:30 Pet Therapy with Otto 11:00 Morning Readings with Trivia 1:30 Card Games 3:00 Hide and go Seek 4:00 Armchair Travel 6:30 Evening Movie Time	5 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Board Games 11:00 Morning Readings with Trivia 1:30 BINGO 3:00 Art Therapy 4:00 Armchair Travel 6:30 Evening Movie Time	6 9:30 Music Therapy <b>10:00 Scenic Drive: Tuscany</b> 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 3:00 Friday Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	7 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks, Morning Readings 11:00 Resident One on One Visits 1:30 BINGO 3:00 Sensory Groups 4:00 Armchair Travel 6:30 Evening Movie Time
8 9:30 Music Therapy 10:00 Sit and Be Fit 11:00 Board / Card Games 1:30 Arts and Crafts 4:00 Armchair Travel 6:30 Evening Movie Time	<b>9 Columbus Day</b> 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 Cooking or Baking with the Chef 3:00 Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	10 9:30 Music Therapy 10:00 Art with Debi 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 4:00 Armchair Travel 6:30 Evening Movie Time	11 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 10:30 Pet Therapy with Otto 11:00 Morning Readings with Trivia 1:30 Resident Choice: Crafts or Painting 3:00 Chair Volleyball 4:00 Armchair Travel 6:30 Evening Movie Time	12 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 4:00 Armchair Travel 6:30 Evening Movie Time	13 9:30 Music Therapy <b>10:00 Scenic Drive: Vegas</b> 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 Yard Yahtzee 3:00 Concentration Game 4:00 Armchair Travel 6:30 Evening Movie Time	14 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks, Morning Readings 11:00 Resident One on One Visits 1:30 BINGO 3:00 Afternoon Teatime with Trivia 4:00 Armchair Travel 6:30 Evening Movie Time
15 9:30 Music Therapy 10:00 Sit and Be Fit 11:00 Board / Card Games 1:30 Arts and Crafts 4:00 Armchair Travel 6:30 Evening Movie Time	16 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 3:00 Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	17 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 3:00 Corn Hole 4:00 Armchair Travel 6:30 Evening Movie Time	18 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 10:30 Pet Therapy with Otto 11:00 Morning Readings with Trivia 1:30 Card Games 3:00 Hide and go Seek 4:00 Armchair Travel 6:30 Evening Movie Time	19 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Board Games 11:00 Morning Readings with Trivia 11:00 Pet Therapy with Hearts of Gold 1:30 BINGO 3:00 Art Therapy 4:00 Armchair Travel 6:30 Evening Movie Time	20 9:30 Music Therapy <b>10:00 Scenic Drive: Tuscany</b> 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 3:00 Friday Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	21 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks, Morning Readings 11:00 Resident One on One Visits 1:30 BINGO 3:00 Sensory Groups 4:00 Armchair Travel 6:30 Evening Movie Time
22 9:30 Music Therapy 10:00 Sit and Be Fit 11:00 Board / Card Games 1:30 Arts and Crafts 4:00 Armchair Travel 6:30 Evening Movie Time	23 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 Cooking or Baking with the Chef 3:00 Karaoke 4:00 Armchair Travel 6:30 Evening Movie Time	24 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 4:00 Armchair Travel 6:30 Evening Movie Time	25 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 10:30 Pet Therapy with Otto 11:00 Morning Readings with Trivia 1:30 Resident Choice: Crafts or Painting 3:00 Chair Volleyball 4:00 Armchair Travel 6:30 Evening Movie Time	26 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 BINGO 4:00 Armchair Travel 6:30 Evening Movie Time	27 9:30 Music Therapy <b>10:00 Scenic Drive: Vegas</b> 10:00 Sit and Be Fit 10:30 Hydrate, Snacks 11:00 Morning Readings with Trivia 1:30 Yard Yahtzee 3:00 Concentration Game 4:00 Armchair Travel 6:30 Evening Movie Time	28 9:30 Music Therapy 10:00 Sit and Be Fit 10:30 Hydrate, Snacks, Morning Readings 11:00 Resident One on One Visits 1:30 BINGO 3:00 Afternoon Teatime with Trivia 4:00 Armchair Travel 6:30 Evening Movie Time
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